

# What we need

1. Team Members/Mentors: We are looking for passionate, skilled mental health or digital wellness advocates to join our cause and assist in many areas of growing our organization. If you have expertise/want to help in any of the following areas, please reach out to [NoSoNovember@gmail.com](mailto:NoSoNovember@gmail.com) and we will discuss next steps

- Marketing/Outreach to schools - reaching out to PTA's, school administrators, and student councils to adopt NoSo
- Data entry/Organization- creating and managing spreadsheets and data on NoSo
- Email design - Utilizing Mailchimp to create and design appealing emails to send to participants
- Impact Report - Help with creating seamless and digestible impact report presentation
- Legal/Nonprofit filing help - Need expertise from someone well versed in nonprofit law
- Fundraiser planning - Need expertise from someone with experience with fundraising

2. Connections to middle schools, high schools, and colleges to implement NoSo

Our mission is to reach as many young people in schools as possible, so we rely on our large network to connect us to schools across the country, and even across the world! If your local school district could use a free mental health resource that is created by youth, for youth, you know what to do, please reach out to [NoSoNovember@gmail.com](mailto:NoSoNovember@gmail.com) and we will discuss next steps

3. Grant opportunities and Donations

Our organization thrives and is supported by grants and generous donors, and furthers our mission. If you know of any grant opportunities please send them my way to [NoSoNovember@gmail.com](mailto:NoSoNovember@gmail.com), and you can donate at <https://www.nosonovember.org/donate>

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