Resources for schools to implement NoSo November

Our Short film to be screened during advisory periods or an assembly:

https://youtu.be/EhA1s4DC9S8

This film features the founder, Maddie Freeman, and the Director of The Social Dilemma who discuss the problematic business model of big social media companies and how their algorithms can promote negative mental health outcomes among users. Then towards the end, we discuss the benefits of joining the No Social Media November detox challenge and how to pledge.

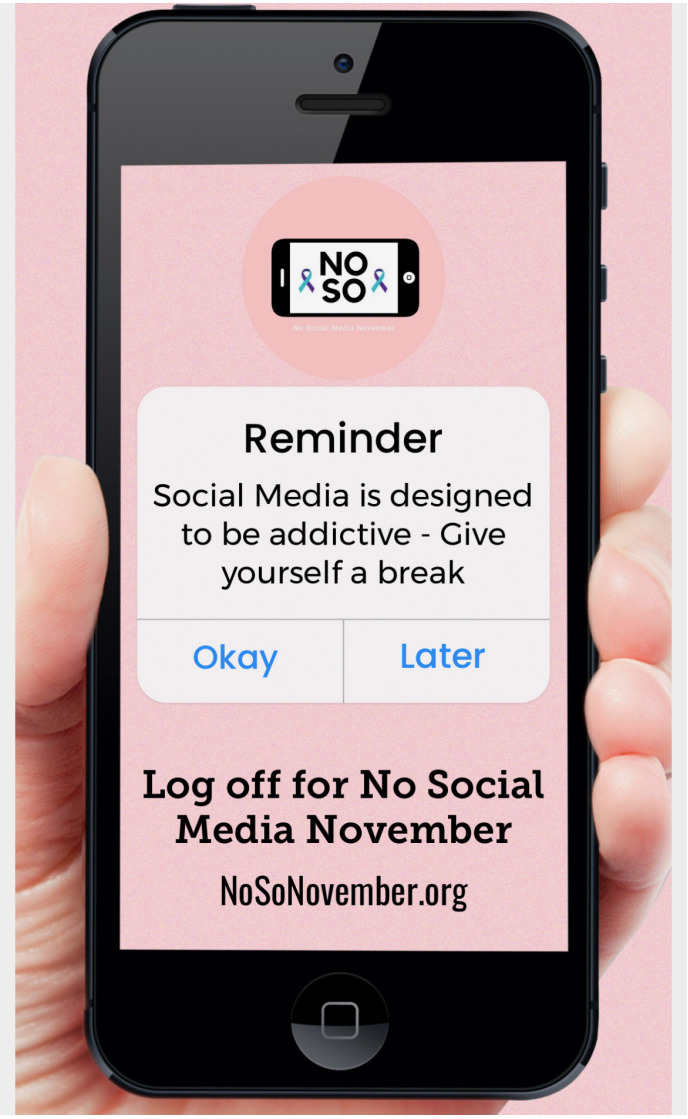
Discussion Packet to engage students with after viewing the film:

https://static1.squarespace.com/static/6087573bd0533b07b121a13b/t/649a5043d0e5914b4bac22bf/1687834691637/NoSo+Discussion+Prompts.pdf

Instructions for schools interested in adopting NoSo:

https://www.nosonovember.org/for-schools

Flyers for schools to hang up to promote detox:



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