

# Youth Mental Health Project

**Organization Name:** Youth Mental Health Project

**Organization Country:** United States

**Link to their website:** <https://ymhproject.org>

## **What do they do?**

1. EVENTS AND SUPPORT <https://ymhproject.org/screenings-and-events/>

2. EDUCATIONAL MATERIALS

- <https://ymhproject.org/learn-more/#free-materials>
- Understanding Youth Mental Health – Questions Parents Frequently Ask
- Feelings & Emotions: Mental Health 101 - Talking with Kids
- Understanding and Supporting Youth Mental Health Booklet
- fact sheets on Addiction, ADHD, Anxiety, Depression, Mental Health Learning Disabilities, OCD and more
- Infographic: Mental Health For Children

3. FILM

### **NO LETTING GO**

A compelling film about one family's journey to understand and seek help for their son's emotional instability and erratic behavior.

<https://www.imdb.com/title/tt3438208/>

4. THE PARENT SUPPORT NETWORK

<https://ymhproject.org/parent-support-network/>

## **Who's their audience?**

parents

## **What are their approaches?**

advocacy

## **What's their current program/project?**

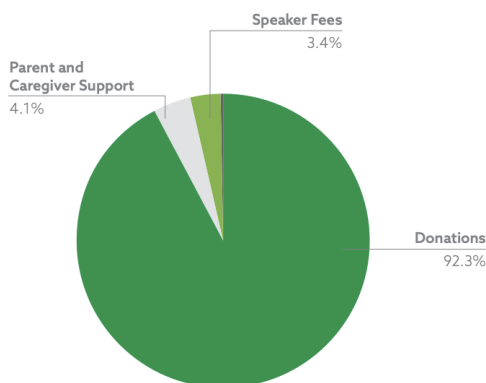
none

## What's their organizational structure?

Program Director, Interim Executive Director, Administrative Manager, Founder --> Board of Directors

## Who funds them? (can be hard to track down, make an educated guess)

[https://ymhproject.org/wp-content/uploads/2022/03/YMHP-AnnualReport-FINAL\\_3.21.22.pdf](https://ymhproject.org/wp-content/uploads/2022/03/YMHP-AnnualReport-FINAL_3.21.22.pdf)



## DONORS

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Jordan Seff  
Doug Spinella

## What else stands out?

not active in 2023? last post in Instagram is 8 weeks ago

<https://www.instagram.com/ymhproject/?hl=en>

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Revision #4

Created 20 June 2023 20:55:13 by Joanna Fang

Updated 2 May 2024 19:55:24 by Connor