1st Organizing Meeting

KickStart Meeting Agenda & Notes

May 24, 2024
FYP Event | Youth Mental Health Summit 2024

General Chair Vision & Expectation Alignment 1:00 -1:15PM PST

Opening ~~& Icebreaker~~ 1:15-1:20PM PST

Budget:
Secured Fund: $10K

Event Theme/Vision, Timeline, Partners, Brainstorm & Alignment: 1:20-1:40PM PST

Theme
- **Behavioral Health Priorities for the next 5 years -2030**

Scope
- Behavioral Health/Mental Health/Well Being
- Audience:
  - People in Power & Policymakers
  - Youth Advocacy & Education
  - Grassroots

Production
- Report
- Partner for accountability

Timeline
5h/half a day

Partners
…
- What do we need for the partners

Advisory Board:
Underserved Communities
Grassroot Communities
International Communities
- Potential Partners:

…

Schedule
Date: A Friday in mid-late September 2024
Moderator: 5min
Keynote 20min

- People with Policy/ Experiences & passionate (Active Leader)

Panel: Debates between 2 young ppl v 2 CEOs (45min)

- Youth Engagement & Policy Development <->

Bill Smith
MHA Chief Policy Side

Break/Activity
Panel: 4-5 young ppl (45min)

- Solutions/Community

Closing Remarks
Networking 2h

Roles and Responsibilities, Committee Finalization & Next Steps and Action Items

Keynote 1st Panel:
Jose & Aliza
2nd Panel:
Keegan & Marx
Networking:
Joanna

Friday 3pm Zoom

Action

- [ ] Keynote & Panels
    - [ ] Themes
    - [ ] Tentative Details
    - [ ] Questions
    - [ ] People
    - [ ] **Partners List**
    - [ ] **Production**
- [ ] Panels
    - [ ] Themes
    - [ ] Tentative Details
    - [ ] Questions
    - [ ] People
    - [ ] Partners List
    - [ ] **Production**

All of us together

Event Overview

About FYP & FYP Summit

What is FYP

ForYouPage (FYP) is a fully youth-led close-knit community, a network/resource hub, a safe space that *radically* embodies the idea of agency and compassion, connecting youth leaders, youth-centric nonprofits, and stakeholders with everyday youth who aspire to step out and do something for our community, our world.

Vision:

We have a simple vision-a world where social media with #fyp can be just a bit different—not just the content of entertainment and unrealistic influencers and fifty shades of negativity but a content of genuine

risk-taking advocating youth, artifacts and evidence of hope, agency and compassion

Theory of Change

We believe that by *radically & compassionately* mobilizing grassroots youth advocacy and empowering risk-taking, we can rebuild the self-efficacy and authentic connection disrupted by technology, thereby addressing the mental health crisis and paving ways for our individual and collective flourishing in the face of today's challenges.

Core Value

Agency, Compassion, Authenticity, Togetherness, Humor

Core Offerings

FYP Wiki: a free, open alternative to Wikipedia & Technology that provides a medium for shared human passion, enabling community advocates to collaboratively compile local resources, knowledge, and community action plans, fostering connection and get alienated & lonely youth to work together towards a common purpose

FYP Summit: The FYP Summit is an annual fully youth-led gathering that highlights the pinnacle of youth agency, compassion, and collective, and reverses power dynamic -brings together youth advocates & stakeholders to fundamentally take the conversation in addressing the mental health crisis and drive change in the global mental health & advocacy landscape.

FYP Community: FYP Discord (for everybody): https://discord.gg/fvV2h4JNVt, FYP Slack for internal teams, close collaborators, high profile/privacy preferred advocates) [invite only]

More Readings:
FYP Formation Manifesto, FYP One Year Note

FYP Summit 2024 Guidelines

Guiding 5 Values & 4 Principles

Agency

The event aims to radically highlight our agency and elevate the agency of all youth. With this goal in mind, we ensure the organizing committee has complete autonomy in decision-making. The base funding for the entire event is pre-secured with *no strings attached* for complete freedom.

Further, we take a radical stance on capitalism and believe that money, the very element that brings accountability, also diminishes agency. As such, all official committee members and participants will not be directly compensated. We will make every attempt to secure further funding, with the first priority being scholarship awards not rewards for all participating committee members, but this is not guaranteed in practice and, more importantly, not guaranteed by principle. However, we do recognize how broke we all are, so intern and paid positions are available if interested in swapping.

The organizing committee will have complete independent power to design the event, choose partners, speakers, participating youth and stakeholders however we see fit. FYP may have some organizational goals such as evaluation of events, expanding wiki and community, but again the organizing committee has complete agency so it is completely up to you all if you choose to implement them or not.

Compassion,

Everything fyp does is about the people, people, people. We believe that all people are fundamentally kind and that compassion is the element that truly bonds people together and the bridge that can help us overcome differences in interests, beliefs, identities, and groups. We ask that all that associate with FYP practice compassionate nonviolent communication with everyone we interact with, our family, our friends, our colleagues, and our “foes”. More detailed guides here.

Togetherness,

Needless to say. No one needs to be and should feel alone. Within the personal boundary, FYP aims to foster togetherness. We are all in this together.

Authenticity,

We want the final event to be a high-fidelity reflection of what we, as a committee, want and can make happen by ourselves. If, for instance, without the pressure of accountability from compensation, we can only organize a small event, then we believe that is a true reflection of our current state. If the genuine state of youth today involves depression, feeling lost, and getting drunk or high or doom scroll every day, we bravely embrace and showcase that reality. FYP believes that to empower is to confront—the first step in solving any problem is to admit that there is one. FYP is a safe space that doesn't suppress but aims to unleash.

Humor & Fun

Humor is the bridge that brings all of these principles together. Jokes tell things real. Humor shows vulnerability. Most importantly, we are a bunch of 20 year olds, and the whole point of this is to have fun and PARTYY?YY.

Principle 1: Take risks. *FYP's reach extends as far as prime ministers and billionaires, not because we possess world-altering genius, but because youth in our community have the audacity to imagine and the courage to reach out. Be bold, dream big, and fearlessly reach out to make our voices heard.*

Principle 2: Be critical. *As Plato said, "The unexamined life is not worth living," and at FYP, we encourage you to critically examine everything we do as a community, every aspect of this event, and the actions of each committee member. Each one of the organizing committees are leaders of the field and the conversation we are creating today can have a significant impact tomorrow on all youth. we encourage you to critically reflect & examine everything.*

Principle 3: Emphasize grassroots and underserved communities. *FYP believes there is no point doing anything if it doesn’t actually help the people, the struggling youth, the vulnerable. We committed to amplifying the voices of those who are often overlooked or marginalized*

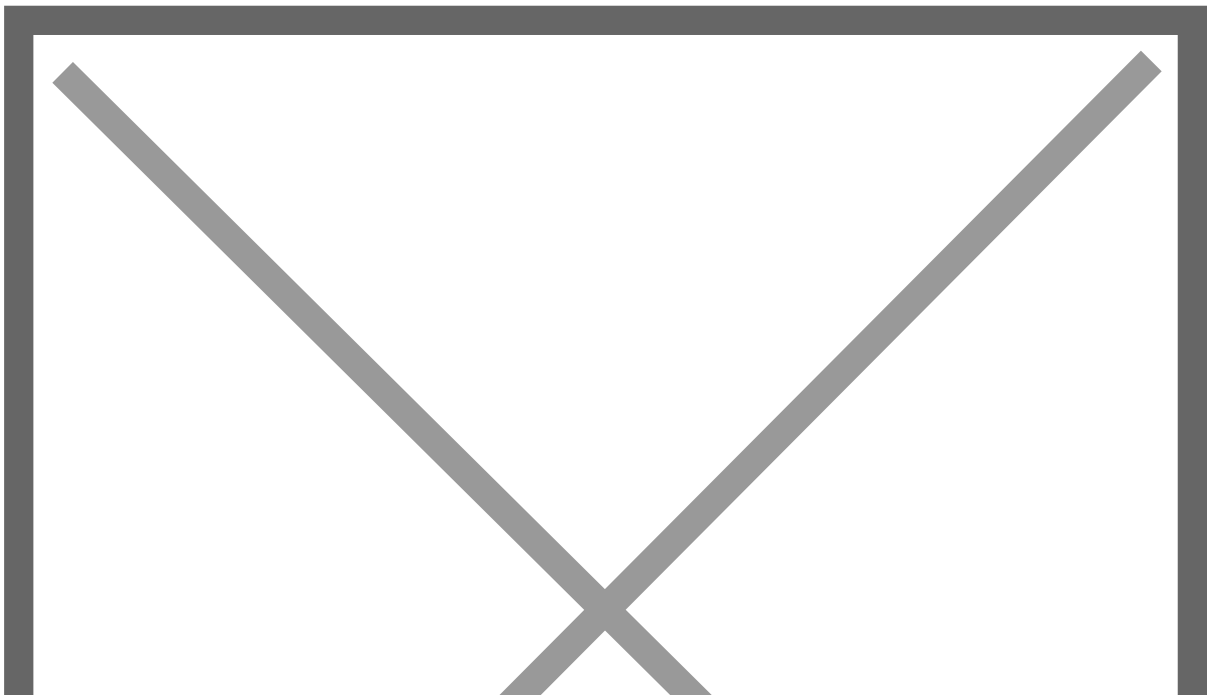
Principle 4: Take care of yourself. *It would be pretty funny if a mental health advocate developed mental health issues from organizing a mental health event, so of all, the biggest priority is your own well being. And the first to-do is to make yourself happy. And then do the event and remember to prioritize self-care, set boundaries , and reach out for support when needed.*

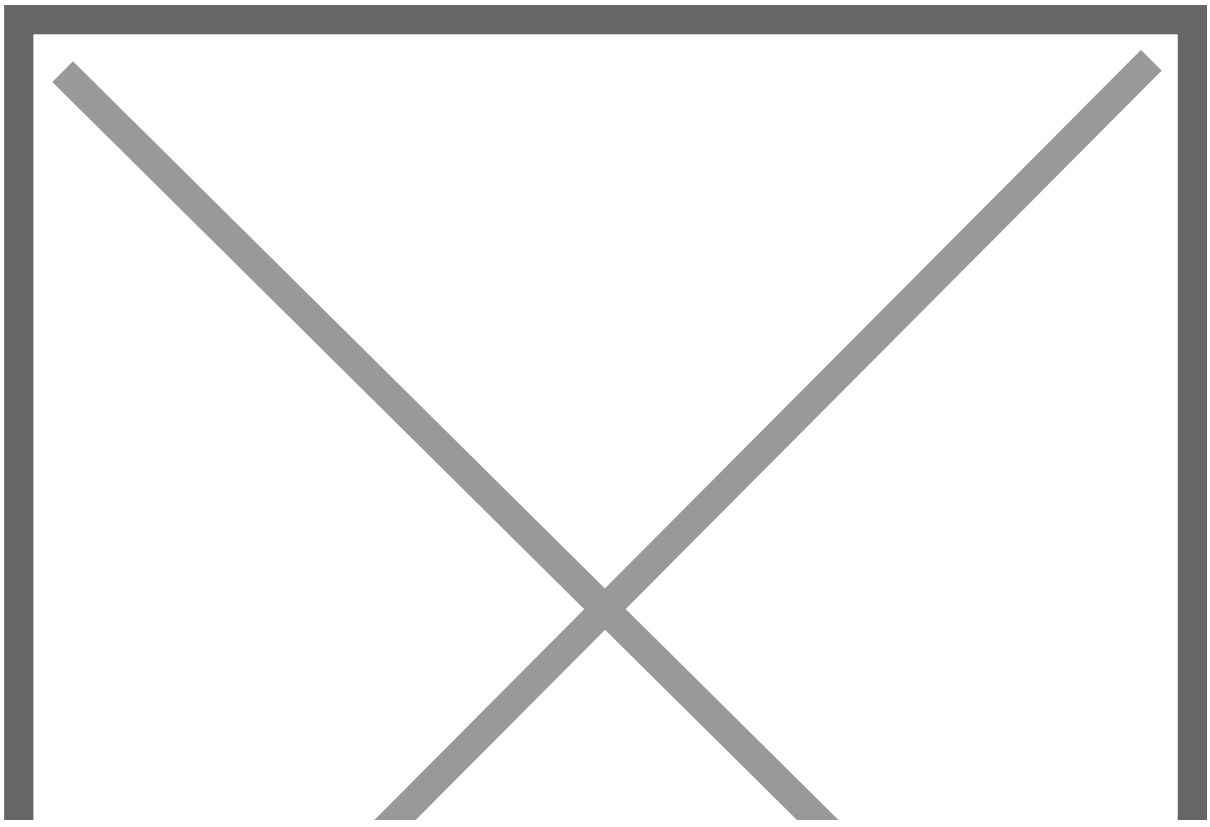
Last Year Stats & Photos

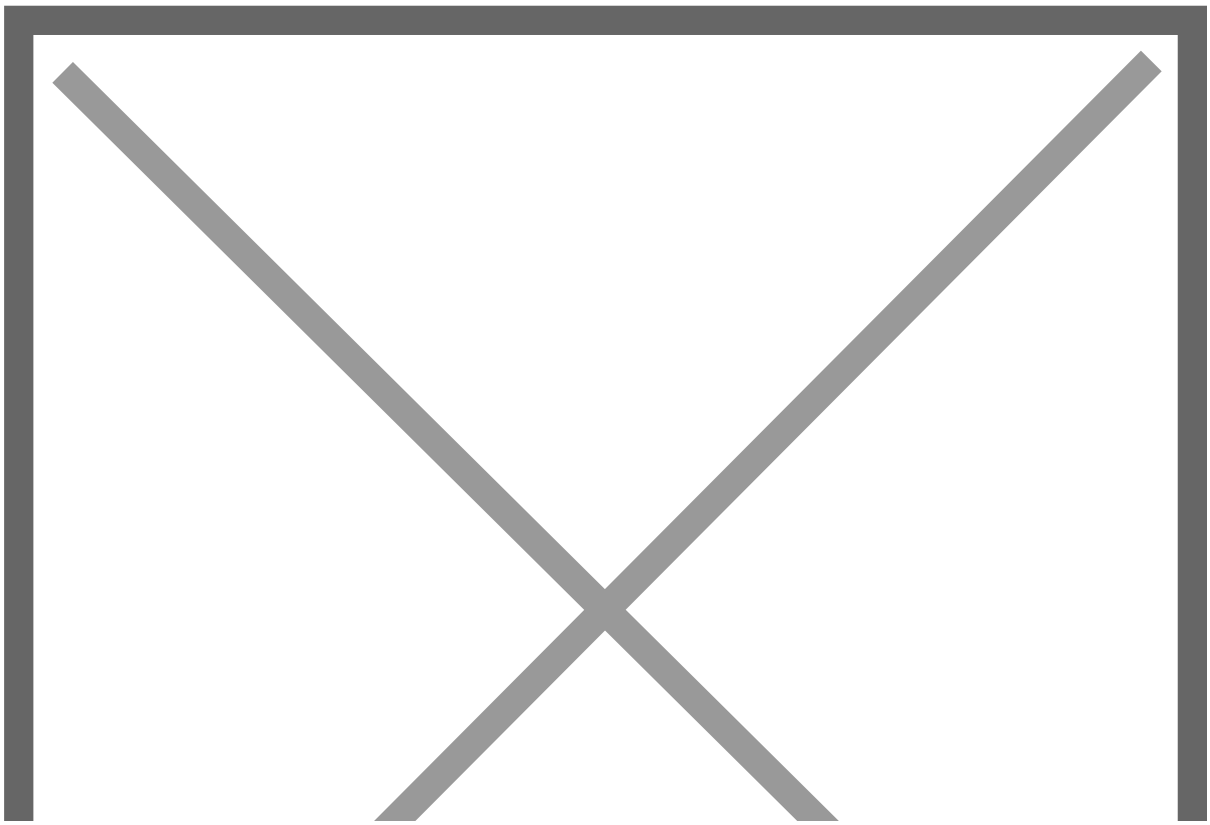
Our inaugural Youth Mental Health Summit at the Science Summit at UNGA78 brought together 60 in-person participants from across the country, representatives from more than 12 major mental health organizations, and engaged 500 online participants. The event featured 10 youth advocate speakers and marked a significant step in showcasing youth voices in mental health advocacy.

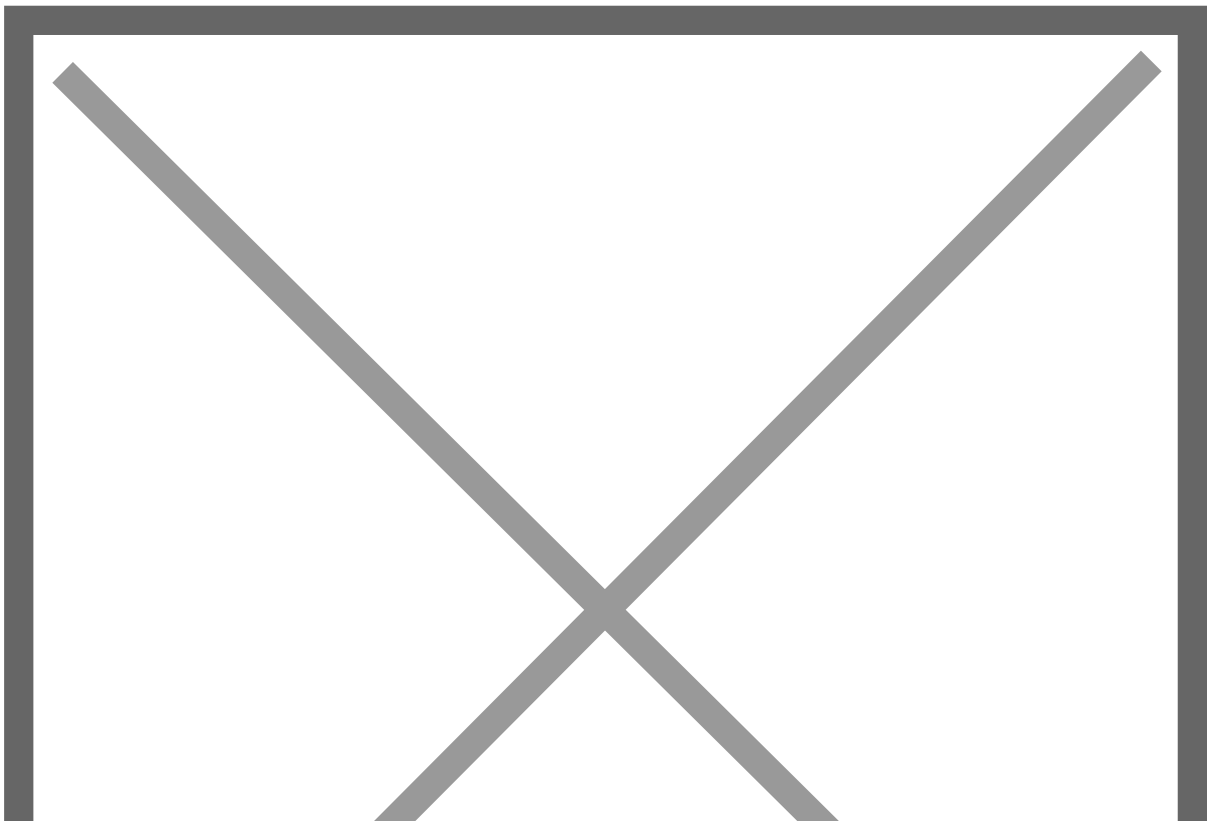
Last Year Organizers & Speakers: Maddie Freeman, Tamaki Hoshi, Bruny Kenou, Yoelle Gulko, Mariama Bah, Sahith Kancharla, Maksim Batuyev, Brandon Bond, Andrew Frawley

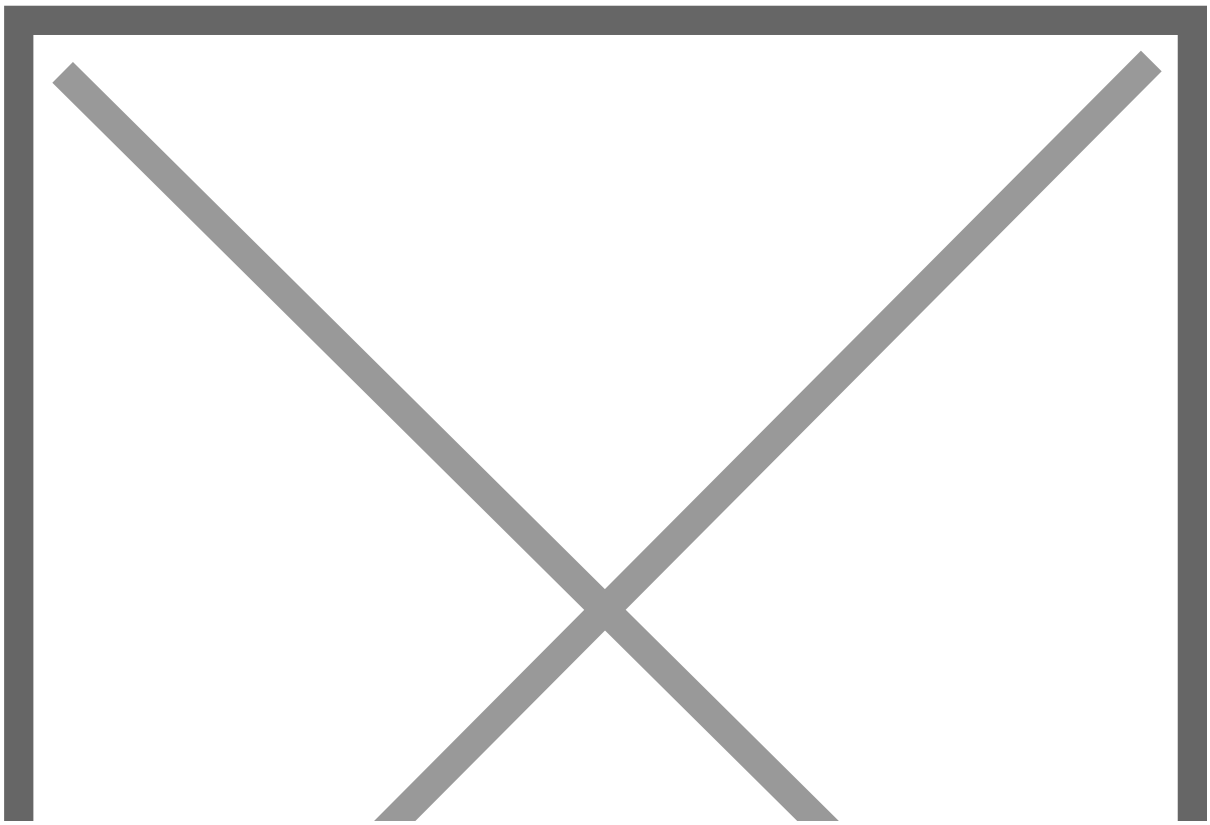
Last Year Attending Groups: Mental Health America, California Child Trust, HopeLab, Bring Change to Mind, The Good Life Movement, Active Minds, The Jed Foundation (JED), UN, citiesRISE, Fountain house, Global Citizen

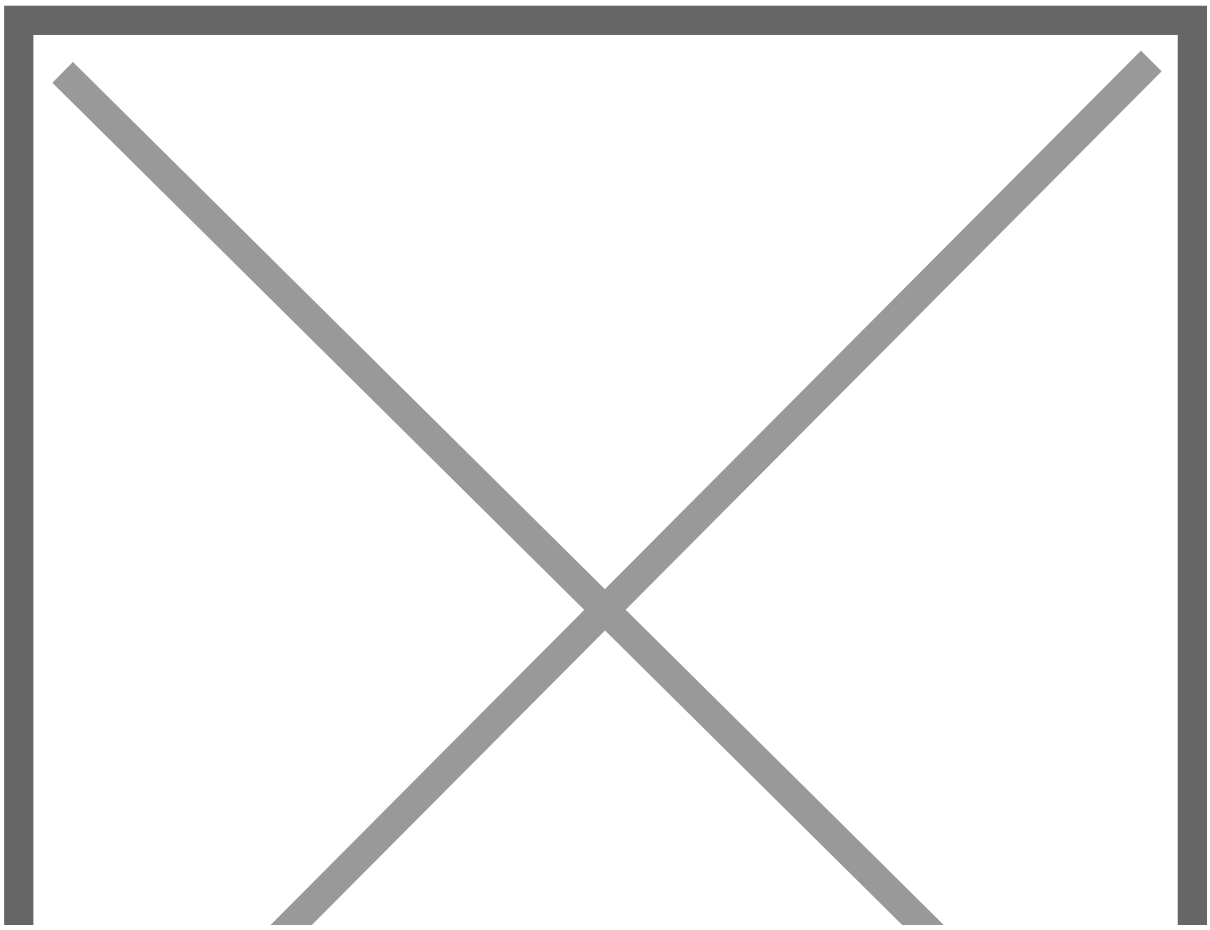


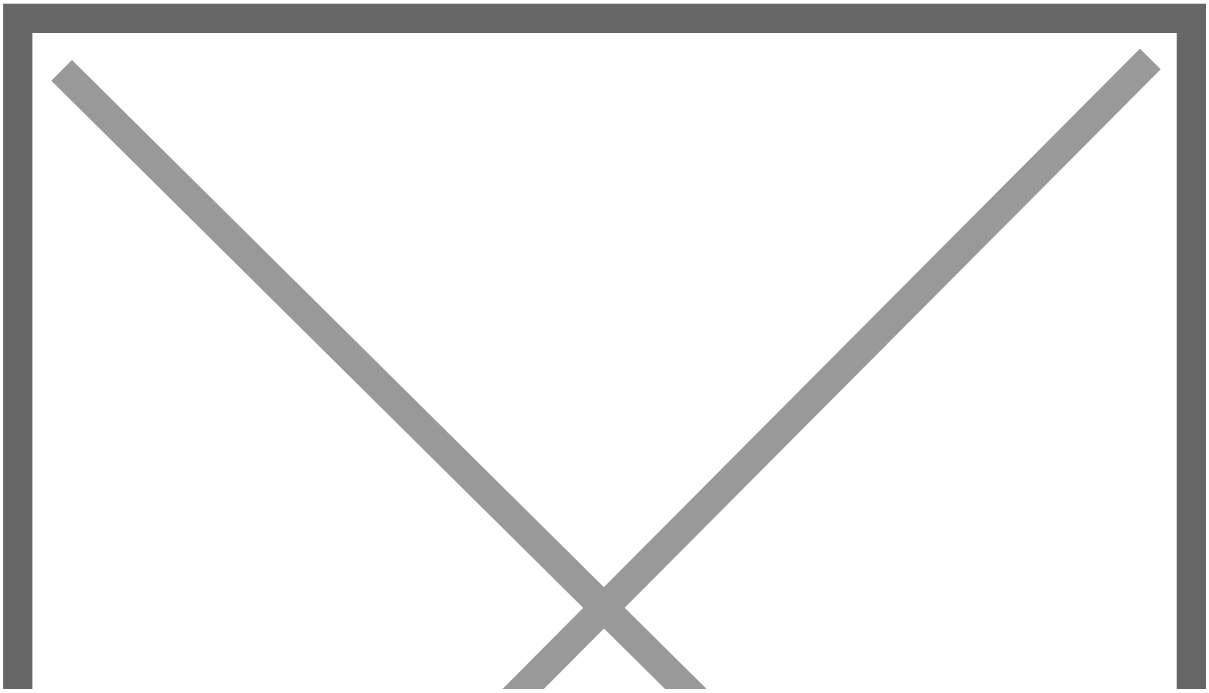












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