

# What is FYP

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## What is FYP

ForYouPage (FYP) is a fully youth led close knit community, a network/resource hub, a safe space that embodies the idea of agency and compassion, connecting youth leaders, youth-centric nonprofits, and stakeholders with everyday youth who aspire to step out and do something for our community, our world.

## Vision:

We have a simple vision—a world where social media with #fyp can be just a bit different—not just content of entertainment and unrealistic influencers and fifty shades of negativity but content of genuine risk-taking advocating youth, artifacts and evidence of hope, agency and compassion

## Theory of Change

We believe that by mobilizing grassroots youth advocacy and empowering risk-taking, we can rebuild the agency and compassion disrupted by technology, thereby addressing the mental health crisis and paving the way for individual and collective flourishing in the face of today's challenges.

## Core Value

Agency, Compassion, Togetherness, Authenticity, Humor

## Core Offerings

[FYP Wiki](#): a free, open alternative to Wikipedia & Technology that provides a medium for shared human passion, enabling community advocates to collaboratively compile local resources, knowledge, and community action plans, fostering connection and get alienated & lonely youth to work together towards a common purpose

**FYP Summit**: The FYP Summit is an annual fully youth-led gathering that highlights the pinnacle of youth agency, compassion, and collective, and reverses power dynamic -brings together youth advocates & stakeholders to fundamentally take the conversation in addressing the mental health crisis and drive change in the global mental health & advocacy landscape.

**FYP Community: FYP Discord (for everybody): <https://discord.gg/fvV2h4JNVt>, FYP Slack for internal teams, close collaborators, high profile/privacy preferred advocates) [invite only]**

# FYP 5 Values & 4 Principles

## FYP 5 Core Values

### ***Agency***

FYP aims to fiercely highlight our agency and elevate the agency of all youth. With this goal in mind, we ensure the organizing committee has complete autonomy in decision-making. The base funding for the entire event is pre-secured with *no strings attached* for complete freedom.

Further, we take a radical stance on capitalism and believe that money, the very element that brings accountability, also diminishes agency and intention. As such, all associate and direct builders of FYP will not be compensated. We will make every attempt to secure further funding, with the first priority being scholarship awards not rewards for all participating youth, but this is not guaranteed in practice and, more importantly, not guaranteed by principle. However, we do recognize how broke we all are, so paid positions are available on request.

### ***Compassion,***

Everything fyp does is about the people, people, people. We believe that all people are fundamentally kind and that compassion is the element that truly bonds people together and the bridge that can help us overcome differences in interests, beliefs, identities, and groups. We ask that all that associate with FYP practice compassionate nonviolent communication with everyone we interact with, our family, our friends, our colleagues, and our “foes”. More detailed guides [here](#).

### ***Togetherness,***

Needless to say. No one needs to be and should feel alone. Within the personal boundary, FYP aims to foster togetherness. We are all in this together.

### ***Authenticity,***

FYP is a social project aim to be a high-fidelity reflection of what we, as youth, want and can make happen by ourselves. If, for instance, without the pressure of accountability from compensation, we can only organize a small event, then we believe that is a true reflection of our current state. If the genuine state of youth today involves depression, feeling lost, and getting drunk or high or doom scroll every day, we bravely embrace and showcase that reality. FYP believes that to empower is to confront—the first step in solving any problem is to admit that there is one. FYP is a safe space that doesn't suppress but aims to unleash.

### ***Humor & Fun***

Humor is the bridge that brings all of these principles together. Humor shows vulnerability. Jokes tell things real. Most importantly, we are a bunch of 20 year olds, and the whole point of this is to have fun and PARTYYY?YY.

**Principle 1: Take risks.** FYP's reach extends as far as prime ministers and billionaires, not because we possess world-altering genius, but because youth in our community have the audacity to imagine and the courage to reach out. Be bold, dream big, and fearlessly reach out to make our voices heard.

**Principle 2: Be critical.** As Plato said, "The unexamined life is not worth living," and at FYP, we encourage you to critically examine everything we do as a community, every aspect of our work, and the actions of everyone involved and associated. FYP is one of the largest recognized youth community. Each one of the youth associates are leaders of the field and community and the conversation we are creating today have a significant impact tomorrow on all youth. We encourage you to critically reflect & examine everything.

**Principle 3: Emphasize grassroots and underserved communities.** FYP believes there is no point doing anything if it doesn't actually help the people, the struggling youth, the vulnerable. We committed to amplifying the voices of those who are often overlooked or marginalized

**Principle 4: Take care of yourself.** It would be pretty funny if a mental health advocate developed mental health issues from building work on mental health, so of all, the biggest priority is your own well being. And the first to-do is to make yourself happy. And then do the event and remember to prioritize self-care, set boundaries , and reach out for support when needed.