

# ???????????? - ?????UW??????

????<https://wellbeing.uw.edu/unit/counseling-center/>

## ????

- ????? 911
- ???? Husky HelpLine???? MySSP?
  - ??? (206) 616-7777
  - ?????? Telus???? Telus??
  - ?? Telus??? Apple App Store ? Google Play

## ????

1. ????
  - ?? Let's Talk
  - ????
  - ?????
2. ????
  - ?????????????
3. ????
  - ???
  - ????
  - ????
4. ?????
  - ?????????????

## ??????

- ?????????????
- ??? 206.543.1240
- ??? 401 Schmitz Hall
- ?????
  - ????????? 9:00 - ?? 4:00
  - ???? 10:00 - ?? 4:00
- ?????????

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1. [ ]
2. [ ]
3. [ ]
4. [ ]
5. [ ]
6. [ ]

[ ]

206.543.1240

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- [ ]
  - [ ]
- [ ]
  - [ ] Telus [ ] 24/7 [ ]

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- [ ] COVID [ ]
- Now Matters Now [ ]
- [ ]
- [ ]
- [ ]
- UW [ ] - UW Counseling Center services
- [ ] - Seattle Mental Health hotlines
- [ ] - UW Medicine Mental Health Care
- UW [ ] - UW Academic Support Programs

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- Instagram
- Facebook

[ ]

UW [ ]

Services and Activities Fee [ ]

Revision #9

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