

???????????? - ?????UW??????

????<https://wellbeing.uw.edu/unit/counseling-center/>

????

- ????? 911
- ???? Husky HelpLine???? MySSP?
 - ??? (206) 616-7777
 - ?????? Telus???? Telus??
 - ?? Telus??? Apple App Store ? Google Play

????

1. ????
 - ?? Let's Talk
 - ????
 - ?????
2. ????
 - ?????????????
3. ????
 - ???
 - ????
 - ????
4. ?????
 - ?????????????

??????

- ?????????????
- ??? 206.543.1240
- ??? 401 Schmitz Hall
- ?????
 - ????????? 9:00 - ?? 4:00
 - ???? 10:00 - ?? 4:00
- ?????????

????

1. []
2. []
3. []
4. []
5. []
6. []

[]

206.543.1240

????

- []
 - []
- []
 - [] Telus [] 24/7 []

????

- [] COVID []
- Now Matters Now []
- []
- []
- []
- UW [] - UW Counseling Center services
- [] - Seattle Mental Health hotlines
- [] - UW Medicine Mental Health Care
- UW [] - UW Academic Support Programs

????

- Instagram
- Facebook

[]

UW []

Services and Activities Fee []

Revision #9

Created 23 August 2024 16:19:07 by Joanna Fang

Updated 30 September 2024 05:15:41 by Shufan Wang