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All Filters

Insurance ^

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Premiera Blue Cross  | <input type="checkbox"/> First Choice Health   FCH  | <input type="checkbox"/> Blue Shield       |
| <input type="checkbox"/> Aetna                | <input type="checkbox"/> UnitedHealthcare UHC   UBH | <input type="checkbox"/> Optum             |
| <input type="checkbox"/> Regence              | <input type="checkbox"/> Kaiser (Out-of-Network)    | <input type="checkbox"/> Elevance   Anthem |
| <input type="checkbox"/> Cigna and Evernorth  | <input type="checkbox"/> LifeWise                   | <input type="checkbox"/> PacificSource     |
| <input type="checkbox"/> BlueCross BlueShield | <input type="checkbox"/> Blue Cross                 | <input type="checkbox"/> Providence        |




□□□□□ “Show ### Therapists”

Show 36 Therapists

[illegible]



Wensi (Macy) Dong

Marriage & Family Therapist, MS, LMFT, RPT  Verified  4 Endorsed  
 Redmond, WA 98052 (Online Only)

身在异国他乡，没有合适的人诉说心里的困惑？对生活、工作、两性关系有很多疑问？正在头疼孩子的教育，尤其是想知道如何与在青春期的孩子交流？抑或正处于在是否离婚的徘徊中？很多人在生活中都有这样或那样的困扰，对外寻求帮助是面对改变的所迈出的勇敢的第一步。...

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Email  
**Wensi (Macy) Dong**



- Don't be shy. Here are some tips:
- 1. Briefly explain who you are, and what brings you here?
  - 2. What do you want (i.e. an initial consult or a question about fees or insurance)?
  - 3. When are you available, and how best to reach you (phone, text or email)?

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4.
5.

