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https://www.psychologytoday.com/us/therapists/washington?category=online-counseling&spec=343

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1. □□ “All Filters”



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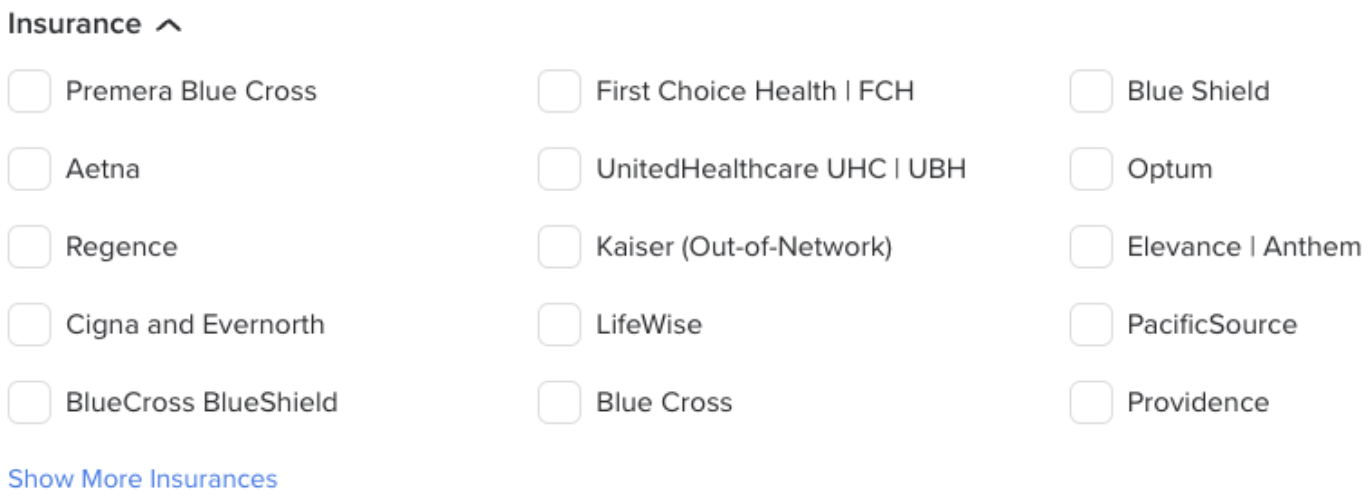

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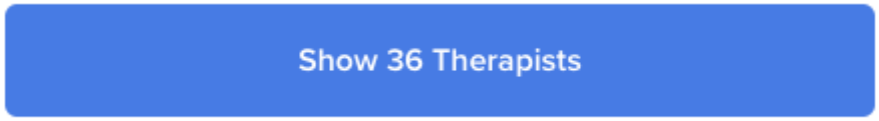

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Wensi (Macy) Dong

Marriage & Family Therapist, MS, LMFT, RPT Verified 4 Endorsed

Redmond, WA 98052 (Online Only)

身在异国他乡，没有合适的人诉说心里的困惑？对生活、工作、两性关系有很多疑问？正在头疼孩子的教育，尤其是想知道如何与在青春期的孩子交流？抑或正处于在是否离婚的徘徊中？很多人在生活中都有这样或那样的困扰，对外寻求帮助是面对改变的所迈出的勇敢的第一步。...

(425) 215-0955

Email

View



Wensi (Macy) Dong

Marriage & Family Therapist, MS, LMFT, RPT *(she, her)*

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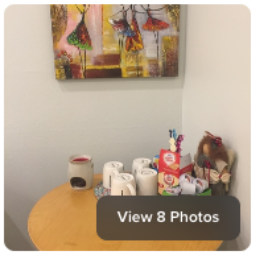
English | 中文

When you wish you could have someone with whom you can share your pain, doubts and questions, I am here to listen with completely non-biased and non-judgmental support. God blessed me with a compassionate heart enabling me to genuinely listen, to care and to love. I truly believe every soul will recover when given genuine care, love and understanding. With years of mental health experience as an ABA therapist and child, youth and family therapist at NAVOS, plus HR experience, I am building a solid reputation for providing standout quality child, youth, adult and family counseling.







I use play therapy to create a safe environment for children; art therapy for right brain truth seeking; and EFT so couples understand attachment needs are universal. With a different level of understanding for minorities as I am Asian, minorities and mixed-culture couples are other specialties of mine.

Teamed with my supervisors, we are supported by recognized leaders from the psychotherapy industry. I share my theory, method and working process. I share my insighs and ask non-biased, non-judgmental questions to help you find your answers in life; counseling in both

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(425) 215-0955

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My Practice at a Glance

Available online only

iUnderstand LLC
Redmond, WA 98052
(425) 215-0955

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I specialize in Relationship Issues, Child and Sex Therapy ›

$180 Per Session ›

I see individuals, couples and families, and speak Mandarin ›

Mandarin

3. □□□□□□□ ,□□□□□ "□□□□□ "



Email
Wensi (Macy) Dong

Your Name

Your Email Address

Your Phone

Subject

Message

I'm not a robot

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Privacy - Terms

Send Email

Don't be shy. Here are some tips:

1. Briefly explain who you are, and what brings you here?

2. What do you want (i.e. an initial consult or a question about fees or insurance)?

3. When are you available, and how best to reach you (phone, text or email)?

Your email will be sent to the therapist and a copy will be provided to you for your records. Psychology Today does not read or store your email. Please note that email communication may not be entirely secure. Sending an email through this page does not guarantee that the recipient will receive, read, or respond to it and spam filters could prevent its delivery.

Although the therapist is expected to reply by email, we recommend that you also follow up with a phone call. If you would rather communicate via phone, please include your contact number above.

If this is an emergency do not use this form. Call 911 or your nearest hospital.

继续填写你的姓名、电子邮件地址、电话号码 ，

主题填写 ：

心理评估 /诊断

信息内容 ：

尊敬的医生 ，

您好。我正在寻求一次心理评估 /诊断，主要是为了个人成长和自我了解。在考虑任何进一步的心理咨询或治疗之前 ，我希望能够先获得一个专业的诊断。

您能否为我安排一次初步咨询 ，讨论进行这样一次评估的可能性 ？我很乐意了解这个过程会涉及哪些内容 ，以及大概需要多长时间。

非常感谢您的时间和专业建议。期待您的回复。

祝好，

4. 请联系三到四个最合眼缘的医生。
5. 请耐心等待回复，一般不会超过三到四个工作日。

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Revision #1
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