1?? Youth Organizations

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ASEAN Youth Organization

AYO Recent is a pan ASEAN Research Center and an affiliate of the ASEAN Youth Organization. The Research Center was founded in September 2021 and consists of young Researchers from across ASEAN and ASEAN + countries.

AYO Recent has undertaken independent Research projects since September 2021. The Center aims to provide quality Research with accessible mentorship and room for peer-to-peer learning and growth. We strive our best to create noble Research which is informative, easy to understand, and draws attention to the ongoing political and social climate with the youth at the forefront.

VISION: A community of self-motivated, educated and compassionate young leaders uplifting each other and contributing to the world.

MISSION: To make the youth across ASEAN and the world Competent, Equitable and provide them bonafide Opportunities.

Recent projects include:

- Understanding E-Waste Management and the Young Consumers in ASEAN: An Opportunity for Circular Economy. Presented at ASEAN Youth Economic Forum.
- ASEAN Youth Energy Outlook: Assessing ASEAN Youth Perceptions on Clean Energy Transition. Presented at United Nations Climate Change Conference (COP28).
- ASEAN Youth Mental Health Taskforce. Leading the collaboration with ASEAN Secretariat.

Upcoming projects include:

- ASEAN Youth Economic Forum in March 2024.
- ASEAN Youth Digital Forum in July 2024.
- ASEAN Youth Conference in Oct 2024.

Links to corporate deck:

- ASEAN Youth Organization: https://aseanyouth.net/wp-content/uploads/2023/07/AYOProfileJUL2023_LR.pdf
- ASEAN Youth Organization Research Centre: https://drive.google.com/file/d/1bZ5kZx11LQGVg6BTdeQmnI-wujWxvuG3/view?usp=drive_link

NoSo Movement ?

Flyers

DONATE TO NOSO NOVEMBER



JOIN OUR MOVEMENT IN SUICIDE PREVENTION AND SPREADING AWARENESS ABOUT THE HARMS OF SOCIAL MEDIA

How To Donate:

SCAN THE QR CODE OR GO TO NOSONOVEMBER.ORG/DONATE

OR MAIL A CHECK ADDRESSED TO "NOSO NOVEMBER" TO:
LOOKUP INCUBATOR, INC.
195 41ST STREET #11356
OAKLAND, CA 94611

NOSONOVEMBER.ORG

NoSo Movement

To Do

[ ] 5K Volunteers

https://wiki.foryoupage.org/link/36#bkmrk-volunteers-needed-fo

- ☐ reach out community centers, restaurants, schools, grocery stores
  - ☐ volunteer for 5K
  - ☐ possibility for longer term volunteer supply
- ☐
- ☑ Goodson Recreation Center +13037982476
  - Called the number, gave me the number to administrations office, administrations office forwarded my call to the communications office, they didn't pick up, so i left a voice message with all the details and our reason for calling and asked them to get back to me
- ☑ Highlands Ranch Community Association +13034718950
  - Called the number, did not pick up, so i left a voice message with all the details and our reason for calling and asked them to get back to me
- ☑ Englewood High School +13038062266
  - school closed until end of July, notified that they will not be able to check messages during that timeframe
- ☑ Arapahoe High School +13033476000
  - school closed until 7/18, left a voice message with all the details and our reason for calling and asked them to get back to me
- ☑ Mullen High School +13037611764
  - called, gave me an email who is in charge of these things (katie.abeyta@mullenhigh.com), emailed them with all the details and our reason for calling and asked them to get back to me and attached the flyer
- ☑ Addenbrooke Classical Academy High School +13039891336
  - called, did not pick up nor give me the option to leave a message

What we need

1. Team Members/Mentors: We are looking for passionate, skilled mental health or digital wellness advocates to join our cause and assist in many areas of growing our organization. If you have expertise/want to help in any of the following areas, please reach out to NoSoNovember@gmail.com and we will discuss next steps

- Marketing/Outreach to schools - reaching out to PTA's, school administrators, and student councils to adopt NoSo
- Data entry/Organization- creating and managing spreadsheets and data on NoSo
- Email design - Utilizing Mailchimp to create and design appealing emails to send to participants
- Impact Report - Help with creating seamless and digestible impact report presentation
- Legal/Nonprofit filing help - Need expertise from someone well versed in nonprofit law
- Fundraiser planning - Need expertise from someone with experience with fundraising

2. Connections to middle schools, high schools, and colleges to implement NoSo

Our mission is to reach as many young people in schools as possible, so we rely on our large network to connect us to schools across the country, and even across the world! If your local school district could use a free mental health resource that is created by youth, for youth, you know what to do, please reach out to NoSoNovember@gmail.com and we will discuss next steps

3. Grant opportunities and Donations

Our organization thrives and is supported by grants and generous donors, and furthers our mission. If you know of any grant opportunities please send them my way to NoSoNovember@gmail.com, and you can donate at https://www.nosonovember.org/donate

NoSo Movement

5k Fundraiser Race Info



General Info:

NoSo November 5k Walk/Run: Join us for the NoSo November 5k Walk/Run on Sunday, August 13, 2023 at 10:00 AM in Centennial, CO. This event is perfect for those who enjoy walking or running and want to be part of a fun and healthy community activity. The event will take place at 6301 South University Boulevard, and we encourage everyone to come out and participate in this exciting event. Whether you're a seasoned runner or just starting out, this event is for you! So, grab your friends and family and come join us for the NoSo November 5k Walk/Run. We will have sponsors, informational booths, T-shirts, and much more!

VOLUNTEERS NEEDED FOR: day of race stuff: I will need a handful of people being posted up at certain spots on the course to direct runners and hand out water, I need help with set up and clean up day of, and I need someone to greet people and have them fill out liability waivers, and also someone to help facilitate donations as well as sell raffle tickets and T-shirts! Lastly I need a volunteer to time the top 10 runners, and someone to hand out snacks/water at the finish line.

Sponsorship Information:

https://static1.squarespace.com/static/6087573bd0533b07b121a13b/t/649396e55e5c7e07218d724e/1687394023230/Noso+November+NEW+SPONSORSHIP+5k.pdf

Tickets for 5k Race: https://www.eventbrite.com/e/noso-november-5k-walkrun-tickets-649289110207?aff=oddtdtcreator

Race Donations: Donate on our website: https://www.nosonovember.org/donate



NoSo Movement

Resources for schools to implement NoSo November

Our Short film to be screened during advisory periods or an assembly:

https://youtu.be/EhA1s4DC9S8

This film features the founder, Maddie Freeman, and the Director of The Social Dilemma who discuss the problematic business model of big social media companies and how their algorithms can promote negative mental health outcomes among users. Then towards the end, we discuss the benefits of joining the No Social Media November detox challenge and how to pledge.

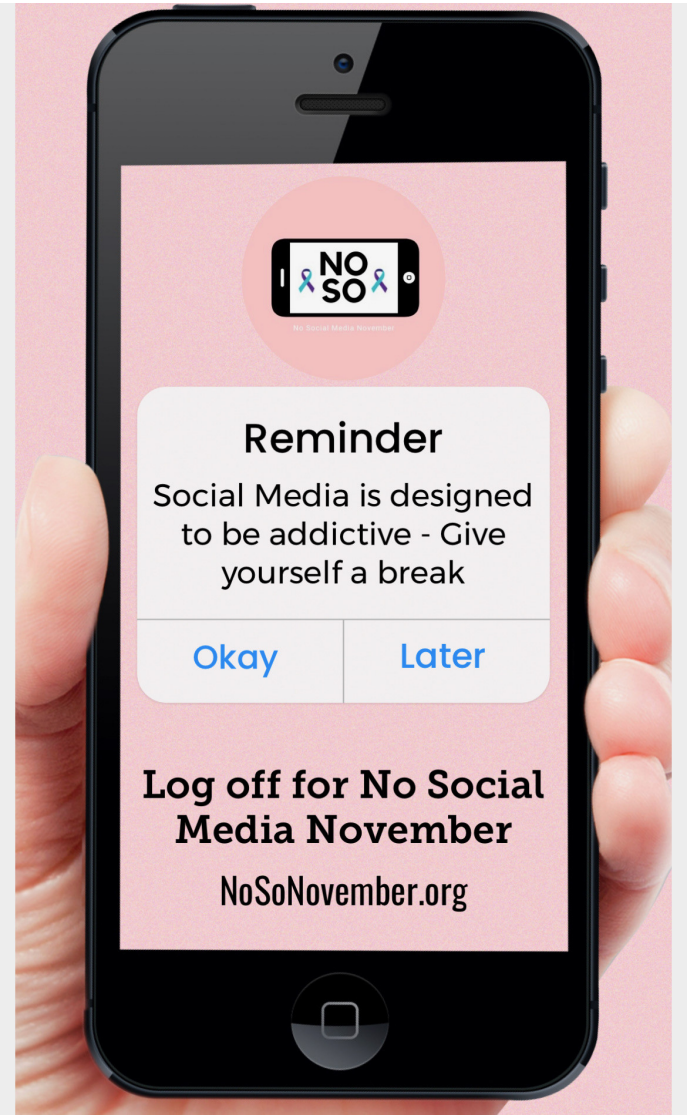
Discussion Packet to engage students with after viewing the film:

https://static1.squarespace.com/static/6087573bd0533b07b121a13b/t/649a5043d0e5914b4bac22bf/1687834691637/NoSo+Discussion+Prompts.pdf

Instructions for schools interested in adopting NoSo:

https://www.nosonovember.org/for-schools

Flyers for schools to hang up to promote detox:


NO SO
No Social Media November
Reminder
Social Media is designed to be addictive - Give yourself a break
Okay
Later
Log off for No Social Media November
NoSoNovember.org

Climate Cafe LA ?

Facilitating Connections □□

About Our Work

CLIMATE CAFE LA is a place-based organizing initiative to facilitate community-based mental health practices and engagements with a focus on environmental awareness. Climate Cafe LA facilitates practices and experiences that unite people to help them find joy, wellbeing, and community around environmental and social issues.

What is a climate cafe?

Climate Cafes were conceived by the Climate Psychology Alliance and are a grassroots community-care practice. In cafe sessions, participants are invited to share their thoughts and feelings about climate change without judgment. The lightly-facilitated sessions are community-led and come with no call to action attached. Rather, the practice is intended to help communities find grounding and validation for difficult emotional experiences that have resulted from climate and social crises and create space to process those feelings in community. While recognizing the importance of action, cafes offer respite from the busyness of our lives and offer a chance to glimpse at our own inner emotional landscapes in an uplifting environment.

Why does Climate Cafe LA exist?

In the face of present and future crises, it has become clear that some level of adaptation will have to occur. In preparation, we cannot continue waiting for the same technological, ecological, and political solutions that have largely failed to materialize. We realize that community and connection are tools available to all. Climate Cafe LA exists to help remind us of those tools and learn how we may access them ourselves to build fulfilling and resilient relationships in our communities.

With the rise of two monumental public health challenges, the climate and mental health crises, our work focuses on creating spaces and experiences that help people rediscover joy, connection, and passion while we work to build cultures and societies where human and planetary wellbeing is centered. Our work includes Climate Cafe offerings in addition to other workshops, events, and engagements in Los Angeles and in virtual settings.

Who runs Climate Cafe LA?

The Climate Cafe practice itself is a democratic and grassroots community-care practice. As facilitators, we more closely resemble budding mushrooms from a mycelium network than a traditional top-down leadership approach. With that being said, the Climate Cafe LA initiative and its additional offerings are led by Maksim Batuyev and Cindy Pace.

Maksim is an artist and activist whose work focuses on engaging the broader public on climate issues. He serves as the communications director for the Queer Brown Vegan platform and a Gen Z advisor for the Climate Mental Health Network. His past work has encompassed political organizing, food systems, sustainable fashion, and mental health initiatives. He's worked with activists and founders like Clover Hogan, Kevin J Patel, and Steven Donziger to help elevate important messages through digital mediums and he continues to offer freelance support to other activists and organizations. He received his B.S. in Environmental Studies and Sustainability before helping Clover Hogan launch Force of Nature in 2020.

Cindy Pace is a climate communicator working to advance wildfire and climate resiliency efforts in Southern California. She serves as a lead facilitator for Climate Cafe LA and a Gen Z advisor for the Climate Mental Health Network. She received her B.S. in Sustainability Studies in 2022.

Connect with us

Climate Cafe LA

Instagram

Climate Mental Health Network:

Website

Instagram

Youth Corps Singapore

Youth Corps Singapore Mental Health Cluster

The Youth Corps Singapore Mental Health Cluster is a specialized group within the larger framework of Youth Corps Singapore, an organization focused on youth volunteerism and community service. The Mental Health Cluster specifically addresses issues related to mental health awareness and support among youths in Singapore.

Overview

The Mental Health Cluster operates under the umbrella of Youth Corps Singapore, which itself is part of the National Youth Council. It aims to empower young people to lead and advocate for mental health initiatives, providing support and education to improve mental health literacy and reduce stigma associated with mental health issues.

Objectives

The primary objectives of the Youth Corps Singapore Mental Health Cluster include:
- **Promotion of Mental Health Awareness:** Increasing awareness and understanding of mental health issues among youths through workshops, campaigns, and outreach programs.
- **Support and Resources:** Providing support services, such as helplines or counseling sessions, and connecting youths to professional help when necessary.
- **Advocacy and Policy Influence:** Engaging with policymakers to influence mental health policies and ensure they are youth-centric.
- **Capacity Building:** Training youth volunteers to be competent in mental health support and advocacy.

Programs and Initiatives

The Mental Health Cluster develops and manages various programs aimed at supporting youths. These include:
- **Educational Workshops:** Sessions designed to teach young people about mental health conditions, coping mechanisms, and ways to support peers.
- **Community Outreach:** Events and activities that promote mental wellness and encourage open conversations about mental health.
- **Volunteer Training:** Programs that equip volunteers with the skills needed to offer peer support and to advocate for mental health causes effectively.

Impact

The impact of the Youth Corps Singapore Mental Health Cluster is significant in fostering a more inclusive and supportive environment for mental health. Through its initiatives, the cluster has contributed to:
- **Increased Awareness:** More youths are informed and aware of mental health issues, leading to reduced stigma and discrimination.
- **Enhanced Support Networks:** Creation of peer support networks that provide emotional and practical assistance to youths struggling with mental health.
- **Policy Advancements:** Contributions to the shaping of national mental health policies that better cater to the needs of young people.

Partnerships

To enhance its effectiveness, the Mental Health Cluster collaborates with various organizations, including mental health NGOs, educational institutions, and government bodies. These partnerships help to broaden the reach of the cluster’s initiatives and integrate resources for comprehensive support.

Future Directions

Looking ahead, the Youth Corps Singapore Mental Health Cluster plans to expand its programs and reach more youths across Singapore. It aims to innovate its approach by incorporating digital tools for mental health education and support, ensuring that mental health resources are accessible to all youths, regardless of their background.

Youth Corps Singapore

Silver Ribbon Singapore

Organization Information

Silver Ribbon Singapore

Silver Ribbon Singapore (SRS) is a non-profit organization dedicated to promoting mental health awareness and facilitating help-seeking behavior among the community in Singapore. Established in 2006, SRS aims to combat the stigma associated with mental illness and provide a platform for those affected to seek help and support.

Overview

Silver Ribbon Singapore seeks to bridge the gap between the mental health community and society by fostering understanding through public education. It serves as a vital resource for individuals experiencing mental health issues and their families, offering various programs and services aimed at enhancing mental well-being.

Objectives

The key objectives of Silver Ribbon Singapore include:
- **Promoting Mental Health Awareness:** Educating the public on mental health issues through campaigns, talks, and seminars to demystify mental illnesses and encourage empathy and support for those affected.
- **Facilitating Early Detection:** Encouraging early detection and intervention through outreach programs and collaborations with educational institutions and workplaces.
- **Support Services:** Providing counseling services, social support, and recovery-focused programs to help individuals manage their mental health effectively.
- **Advocacy:** Engaging in advocacy to influence mental health policies and improve mental health care services in Singapore.

Programs and Initiatives

Silver Ribbon Singapore offers a range of programs and initiatives designed to support individuals with mental health concerns and their families:
- **Counseling and Care Management:** Providing professional counseling and care management services to help individuals cope with mental health challenges.
- **Educational Workshops and Talks:** Conducting workshops and talks on mental health topics for schools, corporations, and the general public to improve mental health literacy.
- **Community Outreach Events:** Organizing events such as mental health festivals and public

exhibitions to promote community bonding and reduce the stigma surrounding mental health.
- **Support Groups:** Facilitating support group meetings where individuals can share experiences and coping strategies in a safe and supportive environment.

Impact

Since its inception, Silver Ribbon Singapore has made significant strides in changing public perceptions of mental health. Its efforts have led to:
- **Increased Public Awareness:** Greater awareness and understanding of mental health issues within the community.
- **Reduced Stigma:** Decreased stigma and discrimination against those living with mental health conditions.
- **Improved Access to Support:** More individuals seeking help for mental health issues due to increased availability and accessibility of support services.

Partnerships

Silver Ribbon Singapore collaborates with healthcare providers, educational institutions, government agencies, and other NGOs to extend its outreach and impact. These partnerships enhance the effectiveness of its programs and enable a more comprehensive approach to mental health advocacy and support.

Future Directions

Looking forward, Silver Ribbon Singapore plans to expand its reach and deepen its impact by introducing more innovative services and programs. It aims to leverage technology to reach a wider audience and continue its efforts in shaping a more inclusive society where mental health is openly discussed and supported.

NATION OF DIVERISTY ?

MN TEEN ACTIVIST ?

Overview

MN Teen Activist is a grassroots organization based in Minnesota, United States, dedicated to empowering young people to engage in social and political activism. The organization focuses on key issues such as climate change, racial equality, education reform, and mental health, promoting activism among teenagers to create positive change in their communities and beyond.

Overview

Founded by a group of high school students who were motivated to make a difference in their society, MN Teen Activist provides a platform for teenagers across Minnesota to voice their concerns and take action on pressing global and local issues. The organization fosters a community of young activists who are committed to advocating for justice and sustainable development.

Objectives

The main objectives of MN Teen Activist include:
- **Youth Empowerment:** Empowering teens to become active citizens and leaders in their communities.
- **Education on Social Issues:** Educating members on various social, environmental, and political issues through workshops, seminars, and guest lectures.
- **Advocacy and Public Policy:** Encouraging teens to engage with local and state policymakers to advocate for legislative changes.
- **Community Engagement:** Organizing community service projects, rallies, and public demonstrations to raise awareness and prompt action.

Programs and Initiatives

MN Teen Activist runs several programs aimed at fostering a proactive attitude among teenagers towards societal challenges:
- **Workshops and Seminars:** Regular events focused on teaching the fundamentals of activism, public speaking, and policy advocacy.
- **Community Service Projects:** Opportunities for teens to contribute directly to their communities through various forms of volunteer work.
- **Awareness Campaigns:** Campaigns designed to educate and mobilize the community on issues like climate change, racial injustice, and mental health.
- **Youth Conferences:** Annual conferences that bring together young activists to discuss strategies, share ideas, and network with like-minded peers.

Impact

Since its inception, MN Teen Activist has had a profound impact on the youth of Minnesota, evidenced by:
- **Increased Youth Engagement:** More teenagers are actively participating in civic activities and expressing interest in political and social issues.
- **Successful Campaigns:** Various successful campaigns have been launched, leading to increased awareness and sometimes changes in local policies.
- **Stronger Community Networks:** Development of a supportive network of young individuals who are motivated to support each other and work collaboratively.

Partnerships

To increase its effectiveness, MN Teen Activist collaborates with local schools, universities, non-profit organizations, and government agencies. These partnerships help to expand the reach of the organization’s initiatives and provide additional resources and expertise.

Future Directions

Looking forward, MN Teen Activist aims to expand its reach across the state and possibly nationally. The organization plans to develop more comprehensive educational materials, increase its online presence to engage more digitally savvy youths, and continue building its network of young activists.

LOSS & DAMAGE YOUTH COALITION (LDYC) ?

LOSS & DAMAGE YOUTH COALITION (LDYC)

A BRIEF INTRODUCTION

The Loss & Damage Youth Coalition (LDYC) is an international network of young activists and negotiators from both developing and developed countries advocating for increased public awareness and ambitious action on loss and damage (L&D) issues. The Coalition was established in the aftermath of COP25, at a time when youth engagement and leadership were understood as key aspects of a successful and just transition.

To date, the LDYC has over 1,100 members from 90+ countries working together to empower those on the frontlines of the most extreme impacts of climate change, and to dismantle inequality undermining climate justice. The LDYC envisions a world where loss and damage is addressed in a just and equitable way, one in which developed countries take responsibility for their disproportionate contributions to the climate crisis by addressing L&D with urgency. We envision a world where the rights of future generations to a stable climate and a safe environment are honoured.

In line with its vision, the LDYC specialises in sending youth delegations to multilateral meetings and summits, delivering capacity-building sessions and trainings on L&D, showcasing personal youth stories from the frontlines, and addressing existing gaps in L&D research.

OUR STRUCTURE

As the "voice of the many" with 1,100 members across 90 countries, the decision-making process of the Loss & Damage Youth Coalition seeks to reflect the global diversity of youth. The LDYC is a membership-driven organisation, working to empower youth as it delivers its mission for climate justice.

Working Groups (WGs)

The LDYC is made up of five working groups, each focusing on one of the following topics:

- Advocacy
- Communications
- Research
- Storytelling
- Training

Working Groups are each led by one or two coordinators, and each function similarly though with some minor variations. WGs generally meet once every two weeks during a membership call hosted by a coordinator. Meetings assess past project progress, outline the work for the week(s) ahead, and allocated tasks to members.

Coordinator Team

Steering Committee

Regional Hubs

General Membership

Our History