

# Cameron Tan



## Name

Cameron Tan

## Contact

- [linkedin](#)

*For collaboration or connections, please contact Cameron through his LinkedIn profile*

## Work

Cameron advocates for youth mental health via policy, research, and programs.

## Affiliated Organizations

- [REDACTED]
- [REDACTED]
- [Global Youth Mental Health Awareness](#)
- [Global Mental Health Peer Network](#)

Cameron leads mental health programs and strategy in local and international roles. Locally, he served as the Youth Chapter Leader for Silver Ribbon Singapore and the Executive Committee of [REDACTED] to collaboratively lead the largest cluster in Singapore's national institution for volunteering. Internationally, he sits on the Board of Directors of the Global Youth Mental Health Awareness Incorporated and the Country Leadership Committee of the Global Mental Health Peer Network.

## Achievements

As the Director of the ASEAN Youth Organisation Research Centre, Cameron oversees research efforts for internal publications and youth consultations for regional governments and organizations in ASEAN. This includes leading the current development of an ASEAN Youth Mental Health Taskforce in collaboration with the ASEAN Secretariat. He also led research that was presented at the 2023 United Nations Climate Change Conference (COP28).

His experiences in mental health policy include serving on several youth government panels to co-create policies on mental well-being in Singapore:

- Ministry of Culture, Community and Youth: Digital Wellbeing Youth Panellist
- Health Promotion Board: Youth Resource Panellist
- Ministry of Health Office of Healthcare Transformation: Mindline Youth Fellow (Mental Health)
- National Youth Council (Young ChangeMakers Grant): Deputy Chief Curator

To promote evidence-based advocacy, he has worked on numerous mental health randomized controlled trials, systematic reviews, and mixed-method evaluations with research institutes such as Harvard Lab for Youth Mental Health, Melbourne University Centre for Mental Health, Orygen Global, and NUS Social Service Research Centre. In his role as the Global Research Director of ForYouPage, he served as the Global Chair at the Youth Mental Health Summit 2024, Science Summit, United Nations General Assembly (UNGA79). He also advises on youth mental health for the Youth Sounding Board for the European Union in ASEAN.

## Areas of Interest

Cameron's main areas of interest include youth mental health and community engagement, with a focus on evidence-based interventions and evaluations.

## Theory of Change

Cameron firmly believes in the power of collaborative advocacy. His approach involves facilitating opportunities for knowledge sharing and collaboration. Fundamentally, he seeks to connect with others to inspire and be inspired by their stories.

## Areas Needing Help

Cameron is open to collaborations and virtual coffee chats, especially about youth mental health research and programs.

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