Aliza Lopez

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Contact



For collaboration or connections, please contact Aliza through ForYouPage.org

Work

Aliza advocates for youth mental health and healthcare access through education, research, and community programs.

Affiliated Organizations

- Medicine Encompassed (Founder & Director)
- The Astrocyte Initiative (Founder)
- Neolth (Outreach Subcommittee Leader)
- IDONTMIND "Our Future in Mind" community (Member)
- YOUNGA network (Former Mental Health Working Group Leader)

Recognition

Aliza has spearheaded several impactful initiatives:

- Directs Medicine Encompassed, a 501(c)(3) organization combining STEAM and health literacy
- Founded The Astrocyte Initiative to increase accessibility to mental health resources for students
- Collaborated with Hopelab on research studying sociocultural factors impacting mental health access for minorities
- Co-authored research with Dartmouth College on SSRI usage in patients
- Named 2021 T-Mobile Changemaker Challenge Grand Prize Winner in Education
- Recognized as TD Bank and National Liberty Museum Young Hero
- 2022 Taco Bell Ambition Accelerator Quarterfinalist
- Youth Program Honoree in New Jersey Governor's Jefferson Awards

Areas of Interest

Aliza's interests span healthcare advocacy, mental health activism, and interdisciplinary research, with a focus on education and cultural competence.

Theory of Change

Aliza believes in democratizing quality mental healthcare services and literacy for all populations. She emphasizes the importance of diversity, equity, and inclusion to ensure representation and engage all communities.

Areas Needing Help

Aliza welcomes collaborations on mental health education initiatives, research projects examining sociocultural factors in healthcare access, and programs to increase youth engagement in health

advocacy.

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